

Parent Infant Classes



FREE

EVERYONE IS WELCOME!

Please feel free to
bring your baby,
family and friends.

Utah County Health
& Justice Building

In the WIC office
Suite 2100

Class starts @ 4pm

Infant Massage

Bring mat or towel if possible

THE 1ST WEDNESDAY
OF EACH MONTH

Secrets of Baby Behaviors

Get to know your Baby: Birth to 6 months

THE 2ND WEDNESDAY
OF EACH MONTH

Happiest Baby On the Block

Calm Your Baby and get more sleep!

THE 3RD WEDNESDAY
OF EACH MONTH

Baby-Wearing

Carriers: How To's, Benefits & Safety Tips

THE 4TH WEDNESDAY
OF EACH MONTH